

Las Lomas League



LLL Sports - Player Behavior Contract

Dear Players and Parents,

Welcome to the Las Lomas League (LLL) After-School Sports Program! We are excited that you have chosen to participate in one of our sports. To ensure an understanding among all parties, we would like to cover player, coach, and family responsibilities and expectations.

1. Players and coaches should arrive on time to practices and games.
2. Attendance at practices and games is vital to the success of each team. Coaches and teammates depend on each other to make the team a cohesive unit. We understand that families have other commitments, but players should make every effort to attend. If missing a practice or game cannot be avoided, then coaches must be notified as soon as possible.
3. Players are not only responsible to their teams but are expected to be responsible students. Any student suspended from school will sit out their team's next game. Students home ill are not allowed to participate in practice or a game that day.
4. Good sportsmanship is a principle of our program. We strive to provide our student athletes with a positive experience while emphasizing teamwork and learning how to win and lose gracefully. Players are expected to be supportive and respectful of teammates, opponents, coaches, officials, and spectators.
5. Disruptive behavior during practices or games will not be tolerated. If a player is disrespectful or disruptive, or if there is inappropriate behavior, such as the use of profanity, obscene gestures, or physical contact, the coach may ask the player to sit on the sidelines until s/he is ready to participate in a respectful and cooperative manner. If problems persist, the parents may be called to immediately pick up the player or they may be asked to attend practice with their player. Continuing problems may result in suspension or removal from the team.
6. Las Lomas League's philosophy strives to ensure that players receive a fair amount of playing time regardless of playing ability and experience. However, players who miss practices (especially without notice), are disruptive, or do not work hard should not expect the same playing time as other players.
7. Players receiving a technical foul during a game will receive an initial warning from the LLL. Subsequent technical fouls in a season may result in missing games or expulsion from playing.
8. Parents are welcome to discuss concerns or complaints with coaches or the sports coordinator, but please not in front of players or at games. Phone calls or emails are appropriate. We expect all spectators to refrain from raising voices in a negative manner toward teammates, opponents, referees, coaches, or their own children.

Please sign and return this form to your coach in order to participate. If you have any questions regarding this contract, please contact the Las Lomas League Athletic Director, at athleticdirector@laslomasleague.com We look forward to a great season!

Player Printed Name _____ **Grade** _____

Sport (circle) Flag Football Volleyball Basketball Tennis Track

Player Signature _____

Parent Printed Name & Signature _____